



Week 3: Habits for healthy home practice - Parent Handout

Review Week 2 Assignment

Encouragement

- Develops trust
- Give specific positive praise
- 4 praises to 1 criticism

Asking questions

- Asking questions engages the child in practice and helps them learn to self-evaluate and figure out the answers himself/herself.
- Asking questions gives the parent/teacher more information about what the child knows and understands, which will help you know the gaps in the understanding or skills that need to be filled in.

One point practice

- Edmund Sprunger writes in Helping Parents Practice “Whether the issue is rhythm or something else, we help build a child’s skills and confidence by giving her one-and only one-manageable challenge at a time. Children can sometimes handle more than one thing simultaneously, but they usually do so with a great deal of anxiety. Not good. Playing becomes an experience of ‘trying hard’ all of the time, which erodes a child’s ability to be musically expressive. Practice to make it easier instead.” p. 198

Assignment:

1. Read: Helping Parents Practice by Edmund Sprunger pp. 62-81 (sections 17-20)
2. Additional Optional Reading: *Crafting Positive Constructive Feedback* by Alexander Revoal found at www.suzukiassociation.org under Parent tab, then parent articles
3. One Point game: list techniques used in lesson with the teacher to make a ‘grab bag’. Put one technique on a piece of paper. Fold up, put in a colorful small gift bag. The child can draw one out for each review piece he/she is playing for that day’s practice. Alternative idea is to use the Decide Now app to customize the wheel to include techniques to practice.