



Week 5: Conflict in Practice - Parent Handout

Review Week 4 Assignment

Conflict in practice - why it happens

Things that can help

- Clear communication

- Decoding
 - Monitor the emotional vital signs.
 - Develop the skill of acknowledging feelings.
 - Don't try to control your child's feelings.

- Remember the 3 healthy habits
 - Encouragement
 - Ask Questions
 - One thing at a time

- Remember tips about making practice engaging
 - Have plan
 - Know your child
 - Be creative

- Read books and talk to other parents

Assignment:

1. Read Helping Parents Practice by Edmund Sprunger pp. 62-126
2. Develop some strategies

Additional Reading/Resources

- Audio broadcast "Practicing Can be Hard" 23 minutes
<https://suzukiassociation.org/building-noble-hearts/episodes/practicing-can-be-hard-season-2-episode-3/>
- Beyond the Music Lesson by Christine Goodner pp. 16-72
- How To Talk So Kids Will Listen and Listen So That Kids Will Talk by Adele Faber

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